

BLENDBARGRILL.COM

APPETISERS Olives	£2.95
Mixed olives (Vegan) (Vegetarian) (Gluten Free) Hummus	£4.50
Served with toasted pitta bread (Vegan) (Vegetarian) Garlic Bread	£4.50
Topped with garlic butter, parsley (and cheese if you choose) (Vegetarian) Cheesey Nachos	
Home-cooked nachos topped with cheese, spring onions and chillies (Vegetarian, Trio of Bread	
Served fresh from the oven, served with Aioli (Vegetarian) Cheeseboard	£19.95
"The perfect way to start or finish your meal" A hearty sharing platter for 2, with seasoned and baked Camembert, slices of brie & smoked cheese with toasted s	
bread slices and crackers. Why not add our wonderfully paired Shiraz "A dangerously moreish and very drinkable. A soft silky Shiraz with a bright brar	
character and gentle spice"	£29.95
STARTERS	
Chorizo King Prawns	
Soup of the Day Served with freshly baked bread, and butter (Vegan) (Vegetarian)	£6.50
Calamari Crispy salt and peppered squid, served with garlic mayo (Gluten Free)	£7.95
Buffalo/BBQ Wings	£7.95
Gnocchi	£6.50
Popcorn Shrimp	£6.95
garlic mayo (Gluten Free) Falafel & Beetroot Salad	£6 95
Crispy falafels, sliced fresh beetroot and baby leaf salad, finished with a balsamic glaze (Vegan) (Vegetarian) (Gluten Free)	20.75
Whitebait	£6.95
Sweet & Spicy Boneless Wings	£7.95
Southern fried mini fillets, with a sweet sticky glaze Cheesy Garlic Mushrooms	
Button mushrooms in a rich cheese sauce, topped with a sprinkling of melted m and a slice of toasted sourdough (Vegetarian)	
Halloumi Fries Served on a bed of salad, with a sweet-chilli dipping sauce (Vegetarian) (Gluten Fre	ee)
Tempura King prawns served with a garnish and sweet chilli dip	£7.50
BURGERS	
Regular Cheese Burger Our juicy home-made patty, served in a brioche bun, with lettuce, tomato	£12.50
and onion, with a side of slaw and skin-on fries Double Cheese Burger	£17.50
Two home-made patties with twice the cheese for the perfect bite, served in a brioche bun with lettuce, tomato and onion, with a side of slaw and skin-on fi	
BBQ Cheese & Bacon Burger	£12.95
with lettuce, tomato and onion with a side of slaw and skin-on fries Lamb Burger	£1/1 Q5
Grilled lamb burger, served in a brioche bun, with lettuce, red onion and a side of slaw and skin-on fries	214.70
Fried Chicken Burger	£13.50
with lettuce, red onion and a side of slaw ,and skin-on fries	C10 E0
Grilled Chicken Burger	£12.50
Cajun Chicken Burger	£12.95
Succulent chicken breast, spiced and topped with cheese, served in a brioche bun, with lettuce, onion and tomato, with a side of slaw, and skin-on fr	
Fried Halloumi Burger Deep fried cheesy halloumi in a brioche bun, with lettuce, onion and tomato,	£13.95
with a side of slaw and skin-on fries (Vegetarian) Vegetarian Burger	£11.95
Crispy breadcrumb vegetable patty in a brioche bun, with lettuce, onion and tomato with a side of slaw, and skin-on fries (Vegan) (Vegetarian)	
STEAKS	
Fillet	£32.50 auce
Sirloin	£25.00
T Bone 500g, 35 day matured steak, cooked to perfection! Served with your choice of s	
Steak Medalions	
Tomahawk Steak	£69.50
Long-bone tomahawk Ikg! Served on the bone rib eye cut, full of flavour, served with your choice of 2 sauces	
GRILL	
Lamb Koftas	£18.95
Seasoned minced lamb, grilled, and served with skin-on fries or rice and home-made slaw, with a mellow cucumber dip	
Chicken Thighs Tender chicken thighs, de-boned and grilled with your choice of marinade.	
Served with slaw skin-on fries and a side salad (piri piri, lemon & herb, sweet & sticky bl Half/Whole Chicken£12	.95/£18.9
Grilled with the flavour of your choice, served with skin-on fries, slaw and salad (piri piri, lemon & herb, sweet and sticky bbq)	lleaves
Rack of Lamb	
Roasted Mediterranean Vegetable Skewers	£12.95
and flame grilled. Served with hummus and pitta (Vegan) (Vegetarian) Add our Fresh Lobster Tail to your meal	£22.50
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CHEF SPECIALS	
Mushroom Chicken Succulent grilled chicken breast, with sautée new potatoes, seasonal vegetable	es;
all finished with portobello mushroom and a creamy mushroom sauce (Gluten Fre Teriyaki Salmon	
Oven-baked salmon fillet, with a teriyaki glaze, served with seasonal vegetables on a bed of noodles	
Pan Fried Sea Bass Sea Bass fillet, with sautée potatoes, seasonal vegetables, and a white wine sa	
Sausage & Mash Juicy cumberland sausages, served with colcannon mash, cavlo nero cabbage,	£11.95
, vicin occommon masin, cavio nero cabbage,	
and gravy (Vegan option available) Pressed Pork Belly	£12.95
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dressing and parmesan cheese

SAUCES
Blue Cheese
Peppercorn

garlic and chillies

Red Wine Jus

SIDES Skin-on Fries £3.95 Onion Rings £3.95

Sautéed Potatoes £3.95 Petite Garden Salad £3.95 Peas £2.95 Grilled Mushrooms £4.50

Prawn Linguine£17.95
King prawns cooked in a tomato and basil-based sauce, with spring onions,

Tagliatelle Pomodoro£13.95

Romaine lettuce, croutons and grilled chicken breast, topped with a caesar

Coleslaw £3.95 Mixed Vegetables £4.50 Rice £2.95 Wilted Spinach £2.95



Mac & Cheese £5.95

Mash Colcannon £3.95